



Frequently Asked Questions WORKSHOP

* Please make copies for all participants *

MISSION: *To protect the natural environment of Namibia by educating its citizens to practice a sustainable lifestyle.*

WHERE IS NaDEET CENTRE LOCATED?

NaDEET Centre lies in a dune valley on NamibRand Nature Reserve in the Namib Desert. It is 150 km west of Maltahöhe.

TAKE OUR DETAILED “NaDEET Centre Map and Directions” AND A NAMIBIA ROAD MAP WITH YOU!

There are no opportunities to ask for directions along the way.

WHAT SHOULD I KNOW ABOUT ARRIVING AT NaDEET?

We ask you to arrive at least 2-3 hours before it is dark. This will allow the group to walk to the Centre, learn about the facilities and move into their accommodation when it is still light outside. NaDEET staff will meet you at our parking area. The group's luggage will be transported to the Centre by a bakkie as the rest of the way is thick sand. The group will walk together with a NaDEET staff person over the dunes to the Centre which is approximately 10-15 minutes away from the parking area on foot. ***Appropriate walking shoes should be worn by all upon arrival.***

WHAT ARE THE CENTRE FACILITIES?

There is one main building and eight accommodation houses including bucket showers and long-drop toilets. All buildings are made of wood and have shade cloth windows and corrugated iron roofs. Although this protects you well from the intense sunlight and heat it can get *sandy!*

WHAT IS THE WEATHER LIKE?

Temperatures can vary dramatically as it can be both very cold and very hot depending on the time of the year. Please make sure to bring warm clothing for unexpected cold temperatures (primarily from May to September).

WHAT CLOTHING SHOULD I BRING?

Men and women should bring clothing and shoes that are appropriate for outdoor activities. T-shirts, pants, sandals and or closed outdoor shoes are more than appropriate. We are going to be both inside and out during the workshop and wish for all of you to be as comfortable as possible. Evenings become cooler during the winter months (May to September), please bring a warmer layer i.e. sweatshirt or jacket. In addition please bring the following:

- Bedding: a sheet, pillow and blanket (A mattress and extra blanket will be provided.)
- Personal toiletries and towel
- Hat, sunglasses and sun protection cream
- Torch
- **Optional:** camera, binoculars, and sporting equipment.

DO WE BRING OUR OWN FOOD?

NaDEET Centre will provide breakfast, lunch, dinner and tea times for all groups. If you would like to have additional snacks or drinks, please bring them with you. If you wish to consume alcohol, please consider others and drink responsibly.

CAN I SMOKE?

We would like to discourage all visitors from smoking. However if you must, there is no smoking inside any of the buildings! There will be designated discard spots provided by staff. Please discard your cigarette butts appropriately. If you wish to consume alcohol please consider others and drink responsibly.

IS THERE CELL PHONE COVERAGE?

No, there is no cell phone coverage. The closest telephone is 1 kilometre away at the NaDEET office. The telephone is strictly for emergencies; **do not** expect to have access to the phone. We have radio communication at all times in case of an emergency.

CAN I BUY ANYTHING?

Yes. You may buy NaDEET t-shirts (N\$160), NaDEET buffs (N\$90), NaDEET caps (N\$180) and NaDEET beanies (N\$90). We **do not** sell any food, cool drinks, or cigarettes

WHAT CAN I DO WITH MY FREE TIME?

This is an opportunity for you to enjoy the beauty and magic of Namibia's namesake, the Namib Desert. We have many educational resources such as reading materials as well as surrounding land perfect for an evening walk. You are not coming to a lodge with a swimming pool, TV and radio.

IS IT SAFE?

Yes. It is of utmost importance to NaDEET that our facilities and activities are upheld and conducted in a safe manner at all times. Although all precaution is taken, participants may encounter wildlife and plants such as snakes, scorpions, bees, solifuges and spiky ostrich grass. We recommend groups to bring their own first aid kit in case of emergency.

WHAT IS EXPECTED OF THE GROUP ON DEPARTURE DAY?

On the morning of your departure it is a requirement that the participants assist in the cleaning of the Centre facilities. Therefore we ask you to leave no earlier than 9:00 am.

SUGGESTED PRE-VISIT PREPARATIONS

We encourage you to spark interest within your group through activities relating to environmental topics. This could include discussions on:

- Environmental concerns in your community
- Energy use, alternative energy and energy efficiency
- Water use, recycling and reduction
- Waste: Reduce, Reuse & Recycle

WHAT DO WE EXPECT FROM YOU AT NaDEET CENTRE?

The success of the programme highly depends on your involvement. We expect you to:

- Actively contribute during all activities, including meal preparation and clean-up
- Work together in your assigned teams
- Share your viewpoints and experiences with the group
- Be on time for all activities.