Okuvungurisa ukwao
Oruveze rokukura

Okuungurisa rukwao orupa romekuriro.

Owami:

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Okamuiimbo

Tara ku imbi mbi tu imbirahi pevapayuva.

Tjimuna , , .

oviungurisiwa vyarukwao

omakende

ozondooha

ozombapira

ondjaya

otjikatinga

ozondendera

Avihe mbi momiano pekepeke.

Ngatu kohorere nu tu vi ungurise rukwao.

aihe ngai kare noruveze

pu mai wongerwa tjomakende, tjozondooha

no tjozombapira komaungurisiro warukwao.

Ngatu ṯize zetu oukohoke.

Ozombosiro nozonomora

Hwaa ozombosiro nda ouserandu:

r u k w a o

Tjanga ombosiro “r” okuurisa omukoka:

r r r

Tjanga ozonomora “3” okuurisa omukoka:

3 3 3

Okuvara

Vara nu hakaenisa mbi ungurisiwa rukwao, kuna otjivarero.

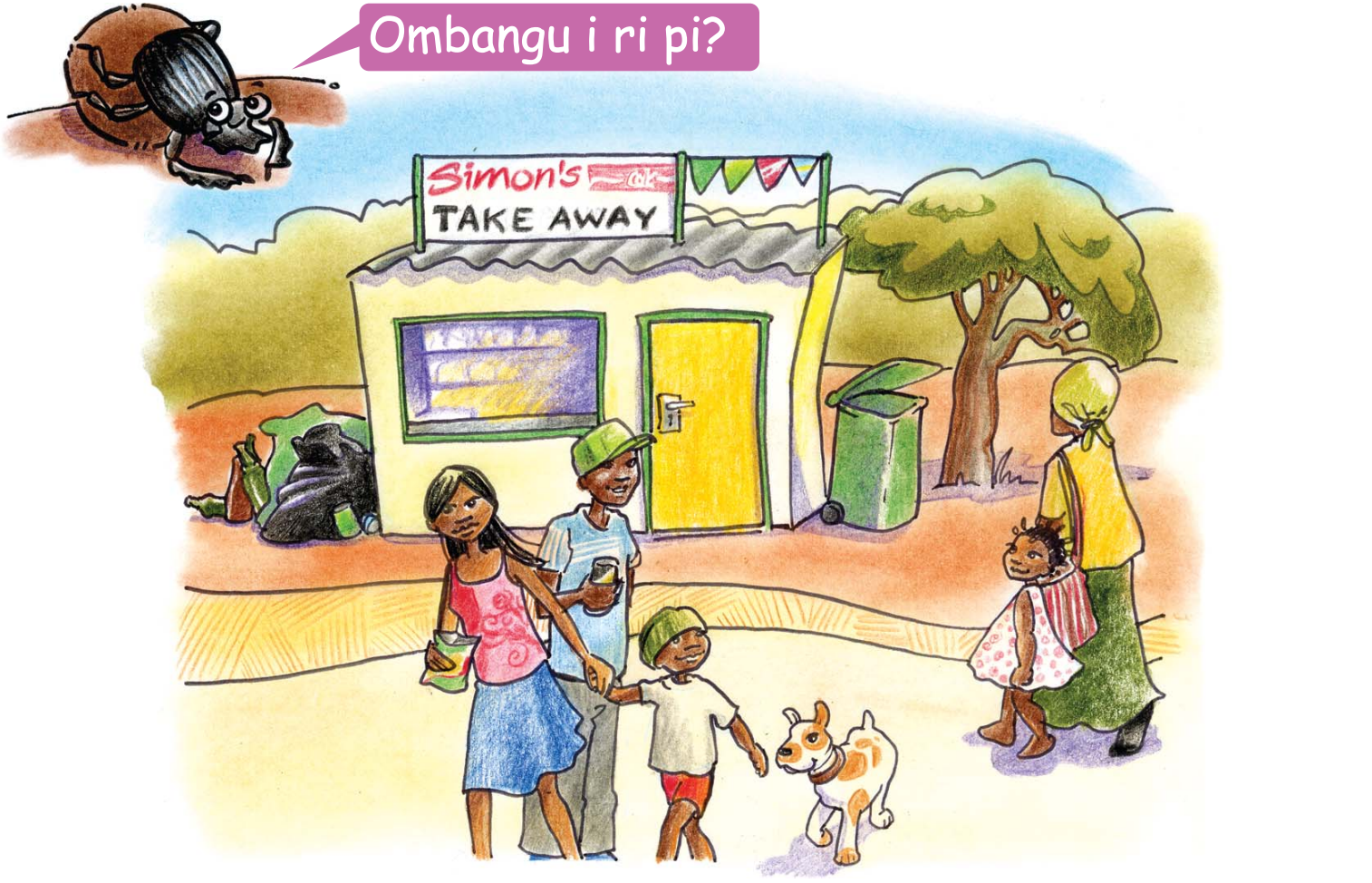
5

2

4

3

1


Ombangu i ri pi?
Simon's
TAKE AWAY

Twa mo oviṇa 6 mokaongo mbya panguka:

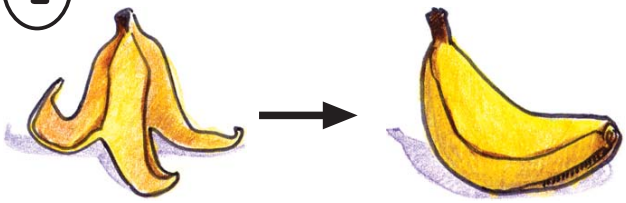
Okuhaŋa omihapo

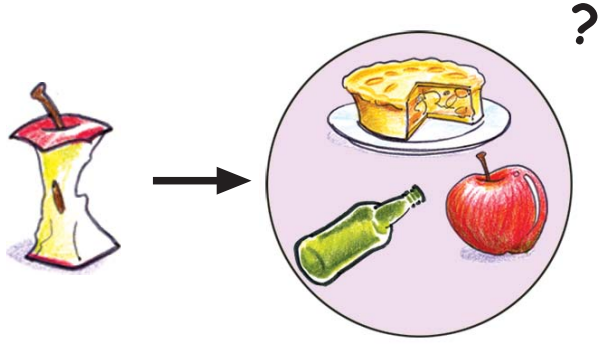
Nana omukoka okuza kondjaya okuyenda kotjikatinga tjitja pwire yo:

Ovyapamwe

Nana okaongo kotjiperendero tji matji kete:

1





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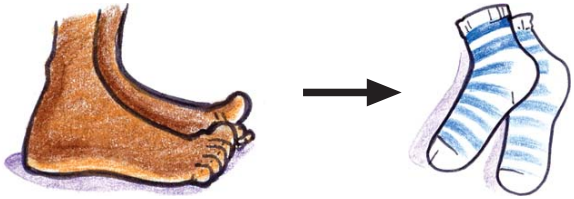
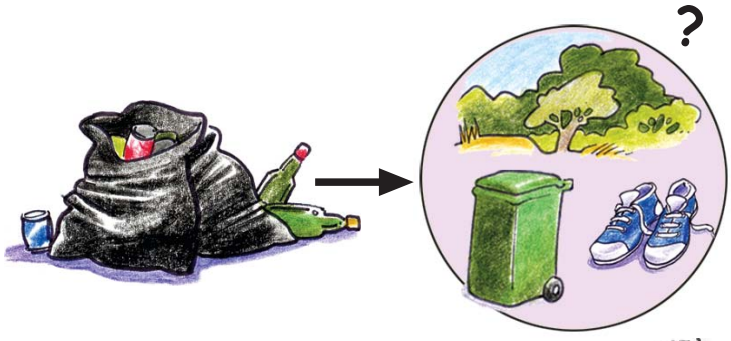
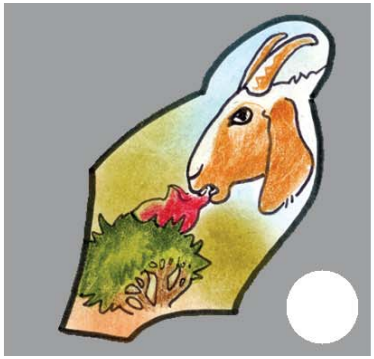
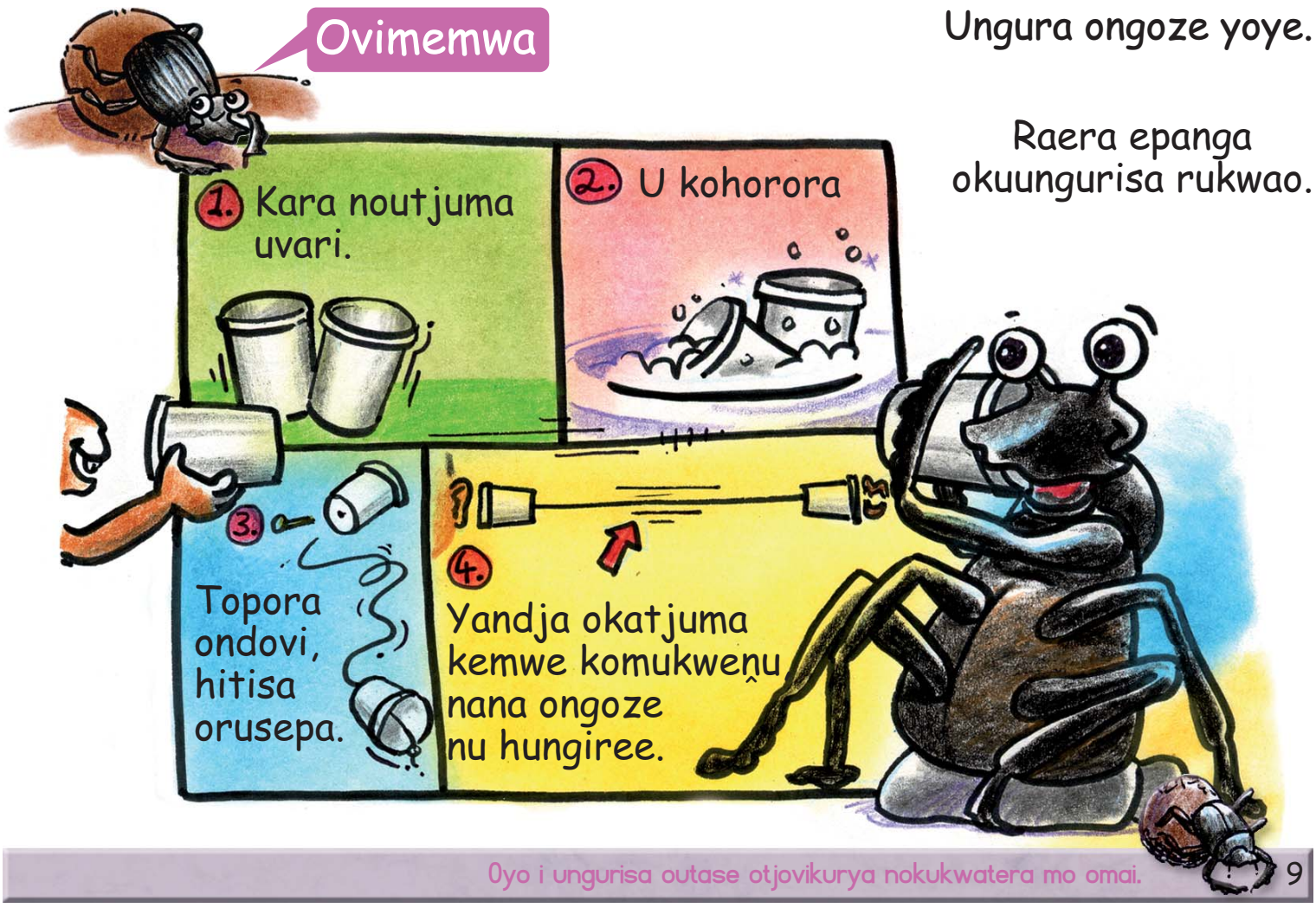




Ongongorasaneno

Twa mo oviperendero
mongongorasaneno osemba,
amo raisa nozonomora.
Otjihorera tja ungurwa.




Ovimemwa
Ungura ongoze yoye.
Raera epanga okuungurisa rukwao.
1. Kara noutjuma uvari.
2. U kohorora
3. Topora ondovi, hitisa orusepa.
4. Yandja okatjuma kemwe komukweṇu nana ongoze nu hungiree.

Hapo ove oo tjiwa, kutja okuimbirahi ondjaya okumorosa nokuṯunda?

Mo yenene okuungurisa ondjaya rukwao? Wonga ondjaya ndji mo yenene okuungurisa rukwao.
Uta!

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