#### YOUR ROLE AS THE ORGANISER

Community groups, with a strong leader are the most successful. As the community organiser, you are responsible for the following:

- Selecting 30 participants who can help to change your community;
- Arranging for transport to and from NaDEET;
- Completing and faxing to NaDEET the Booking Form, Reduced Fees Application and the Transport Assistance Form:
- To be the "middle (wo)man" between NaDEET and the community before your arrival and after your departure;
- To provide NaDEET with frequent updates on how the community has responded to the resources they
  have received and the knowledge they have gained.
- To inform NaDEET of any troubles between community members or within the community.

#### **CHOOSING IDEAL COMMUNITY MEMBER**

In order to select the "ideal" participant for NaDEET's Community Programme, following these recommendations:

- Head of the household;
- Middle aged (35-65);
- Permanently living in the community
- Preferably female (women are typically responsible for collecting firewood and cooking in Namibian homesteads);
- · Eager to learn new things, habits and lifestyles
- A role model in the community.
- In need of assistance (i.e.could s/he benefit from solar cooking because s/he does not have electricity/gas?)

#### **ARRIVING AT NaDEET**

We ask you to arrive at least 2-3 hours before it is dark. This will allow the group to walk to the Centre, learn about the facilities and move into their accommodation when it is still light outside. NaDEET staff will meet you at our parking area. The group's luggage will be transported to the Centre by a bakkie as the rest of the way is thick sand. The group will walk together with a NaDEET staff person over the dunes to the Centre which is approximately 10-15 minutes away from the parking area on foot. Appropriate walking shoes should be worn by all upon arrival.

## **GROUPS**

Participants will be divided into "Sustainable Living Teams" and "Learning Groups". The Sustainable Living Teams share an accommodation unit, shower, toilet, water and cook together. Participants work together in their Learning Groups during classroom activities. Depending on the number of learners we will make 4-6 groups. Please contact us if you would like to make your own groups; otherwise we will make them at NaDEET Centre.

#### **DEPARTURE TIME**

On the morning of your departure it is a requirement that the participants assist in the cleaning of the Centre facilities. Therefore we ask you to leave not earlier than 9:00 am, if possible.

If you have any questions about the community organizing process, please contact us by phone, email or fax.

For more information or to make a reservation, please contact: NaDEET, P.O. Box 8702, Swakopmund, Namibia

Mobile: 081 367 5310 Email: admin@nadeet.org Website: www.nadeet.org



# Frequently Asked Questions COMMUNITY

\* Please make copies for all participants \*

MISSION: To protect the natural environment of Namibia by educating its citizens to practice a sustainable lifestyle.

### WHERE IS NaDEET CENTRE LOCATED?

NaDEET Centre lies in a dune valley on NamibRand Nature Reserve in the Namib Desert. It is 150 km west of Maltahöhe.

# TAKE OUR DETAILED "NaDEET Centre Map and Directions" AND A NAMIBIA ROAD MAP WITH YOU!

There are no opportunities to ask for directions along the way.

#### WHAT ARE THE CENTRE FACILITIES?

There is one main building and eight accommodation houses including bucket showers and long-drop toilets. All buildings are made of wood and have shade cloth windows and corrugated iron roofs. Although this protects you well from the intense sunlight and heat it can get *sandy*!

#### IS THERE CELL PHONE COVERAGE?

No, there is no cell phone coverage. The closest telephone is 1 kilometre away at the NaDEET office. The telephone is strictly for emergencies; **do not** expect to have access to the phone. We have radio communication at all times in case of an emergency.

#### WHAT IS THE WEATHER LIKE?

Temperatures can vary dramatically as it can be both very cold and very hot depending on the time of the year. Please make sure to bring warm clothing for unexpected cold temperatures (primarily from May to September).

#### WHAT CLOTHING SHOULD I BRING?

Men and women should bring clothing and shoes that are appropriate for outdoor activities. T-shirts, pants, sandals and or closed outdoor shoes are more than appropriate. We are going to be both inside and out during the workshop and wish for all of you to be as comfortable as possible. Evenings become cooler during the winter months (May to September), please bring a warmer layer i.e. sweatshirt or jacket. In addition please bring the following:

- Bedding: a sheet, pillow and blanket (A mattress and extra blanket will be provided.)
- Personal toiletries and towel
- Hat, sunglasses and sun protection cream
- Torch
- Optional: camera, binoculars, and sporting equipment

#### DO WE BRING OUR OWN FOOD?

NaDEET Centre will provide breakfast, lunch, dinner and tea times for all groups. If you would like to have additional snacks or drinks, please bring them with you. Please do not bring alcohol with you.

For more information or to make a reservation, please contact:

#### **CANISMOKE?**

We would like to discourage all visitors from smoking. However if you must, there is no smoking inside any of the buildings! There will be designated discard spots provided by staff. Please discard of your cigarette butts appropriately.

#### **CAN I BUY ANYTHING?**

Yes. You may buy NaDEET t-shirts (N\$160), NaDEET buffs (N\$90), NaDEET caps (N\$180) and NaDEET beanies (N\$90). We **do not** sell any food, cool drinks, or cigarettes.

#### WHAT CAN I DO WITH MY FREE TIME?

This is an opportunity for you to enjoy the beauty and magic of Namibia's namesake, the Namib Desert. We have many educational resources such as reading materials as well as surrounding land perfect for an evening walk. You are not coming to a lodge with a swimming pool, TV and radio.

#### IS IT SAFE?

Yes. It is of utmost importance to NaDEET that our facilities and activities are upheld and conducted in a safe manner at all times. Although all precaution is taken, participants may encounter wildlife and plants such as snakes, scorpions, bees, solifuges and spiky ostrich grass. We recommend groups to bring their own first aid kit in case of emergency.

#### WHAT DO WE EXPECT FROM YOU AT NaDEET CENTRE?

The success of the programme highly depends on your involvement. We expect you to:

- Actively contribute during all activities, including meal preparation and clean-up
- Work together in your assigned teams
- Share your viewpoints and experiences with the group
- Be on time for all activities.

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