

Sample Community Group Programme 2014

<i>Managing a Sustainable Household</i>					
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
05:45		Breakfast preparation	Breakfast preparation	Breakfast preparation	Breakfast preparation
06:00		Breakfast	Breakfast	Breakfast	Breakfast
06:15					
06:30		Breakfast cleanup	Breakfast cleanup	Breakfast cleanup	Breakfast cleanup
06:45					
07:00		Sus. Living Journals + ITT books	Environmental Problems Around Us	Our natural environment: A dune walk in the Namib Desert- inspiration for environmental living	Evaluations + Photos
07:15					
07:30		Intro to Energy (What is energy?, What do we need it for? Energy sources)	Intro to Water and Hydrocar	(Visit to NaDEET Base Compost 9:45am)	Clean Centre and Pack
07:45					
08:00		Tea break	Tea break	"Earn a Solar Cooker"- Written and Practical Tests	Depart for Parking
08:15					
08:30		Team a & b: Part 1: Intro to how Solar Cooking works, Part 2: Solar cooking and "It's Time To Solar Cook" Part 3: Solar Cooker covers	Team a & b: Part 1: Intro to how Solar Cooking works, Part 2: Solar cooking and "It's Time To Solar Cook" Part 3: Solar Cooker covers	(tea/ coffee with snack available to participants as they wait for testing stations)	
08:45					
09:00		Team c & d: Part 1: Intro to Energy efficiency incl. energy meter, Part 2: Fuel-efficient stove construction and "It's Time to be Efficient" Part 3: Bottle skylights	Team c & d: Part 1: Intro to Energy efficiency incl. energy meter, Part 2: Fuel-efficient stove construction and "It's Time to be Efficient" Part 3: Bottle skylights	Lunch	
09:15					
09:30		Lunch cleanup	Lunch cleanup	Lunch cleanup	
09:45					
10:00		Arrive & Walk to Centre	Break Team a & b: continues solar cooking	Break Team c & d: continues solar cooking	Break (Cooking for dinner)
10:15					
10:30		Welcome & Living Teams	Introduction to Environmental Auditing- Day 1	Environmental Auditing- Day 2	Environmental Auditing- Day 3
10:45					
11:00	Intro to Accommodation	Tea break	Tea break	Measuring our Enviro Footprint- What is your environmental commitment?	
11:15					
11:30	Move in	Intro to Waste Management (What is waste? Dangers of littering and lack of clean sanitation.The 3 Rs) Making Recycled Fire Bricks	"The great cook off"	Dune Boarding/ Sundowner	
11:45					
12:00	Personal Introductions	Break	Break	Break	
12:15					
12:30	Programme Overview (esp. "Earn a Solar cooker")	Break	Break	Break	
12:45					
13:00	Energy and recycling @ NaDEET Centre	Dinner group preparation	Dinner group preparation	Dinner group preparation	
13:15					
13:30	Participant and household survey	Dinner	Dinner	Dinner	
13:45					
14:00	Break	Dinner Clean-up	Dinner Clean-up	Dinner Clean-up	
14:15					
14:30	Break	Break	Break	Break	
14:45					
15:00	Soak Paper RFB	Intro to NamibRand Nature Reserve, Light Pollution and Astronomy	Video: "Taking Root"	Environmental Dramas, certificates, bucket shower raffle and test results	
15:15					
15:30	Video: "Water and Fire" and "Namib Coast"	Programme finished	Programme finished	Programme finished	
15:45					
16:00	Break	Programme finished	Programme finished	Programme finished	
16:15					
16:30	Dinner group preparation	Dinner group preparation	Dinner group preparation	Dinner group preparation	
16:45					
17:00	Dinner	Dinner	Dinner	Dinner	
17:15					
17:30	Dinner Clean-up	Dinner Clean-up	Dinner Clean-up	Dinner Clean-up	
17:45					
18:00	Break	Break	Break	Break	
18:15					
18:30	Break	Break	Break	Break	
18:45					
19:00	Soak Paper RFB	Intro to NamibRand Nature Reserve, Light Pollution and Astronomy	Video: "Taking Root"	Environmental Dramas, certificates, bucket shower raffle and test results	
19:15					
19:30	Video: "Water and Fire" and "Namib Coast"	Programme finished	Programme finished	Programme finished	
19:45					
20:00	Break	Programme finished	Programme finished	Programme finished	
20:15					
20:15	Programme finished	Programme finished	Programme finished	Programme finished	Programme finished