

Sample Community Group Programme 2014

| <i>Managing a Sustainable Household</i> | | | | | |
|---|---|---|---|--|--------------------------------------|
| TIME | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| 05:45 | | Breakfast preparation | Breakfast preparation | Breakfast preparation | Breakfast preparation |
| 06:00 | | Breakfast | Breakfast | Breakfast | Breakfast |
| 06:15 | | | | | |
| 06:30 | | Breakfast cleanup | Breakfast cleanup | Breakfast cleanup | Breakfast cleanup |
| 06:45 | | | | | |
| 07:00 | | Sus. Living Journals + ITT books | Environmental Problems Around Us | Our natural environment: A dune walk in the Namib Desert- inspiration for environmental living | Evaluations + Photos |
| 07:15 | | | | | |
| 07:30 | | Intro to Energy (What is energy?, What do we need it for? Energy sources) | Intro to Water and Hydrocar | (Visit to NaDEET Base Compost 9:45am) | Clean Centre and Pack |
| 07:45 | | | | | |
| 08:00 | | Tea break | Tea break | "Earn a Solar Cooker"- Written and Practical Tests | Depart for Parking |
| 08:15 | | | | | |
| 08:30 | | Team a & b: Part 1: Intro to how Solar Cooking works, Part 2: Solar cooking and "It's Time To Solar Cook" Part 3: Solar Cooker covers | Team a & b: Part 1: Intro to how Solar Cooking works, Part 2: Solar cooking and "It's Time To Solar Cook" Part 3: Solar Cooker covers | (tea/ coffee with snack available to participants as they wait for testing stations) | |
| 08:45 | | | | | |
| 09:00 | | Team c & d: Part 1: Intro to Energy efficiency incl. energy meter, Part 2: Fuel-efficient stove construction and "It's Time to be Efficient" Part 3: Bottle skylights | Team c & d: Part 1: Intro to Energy efficiency incl. energy meter, Part 2: Fuel-efficient stove construction and "It's Time to be Efficient" Part 3: Bottle skylights | Lunch | |
| 09:15 | | | | | |
| 09:30 | | Lunch cleanup | Lunch cleanup | Lunch cleanup | |
| 09:45 | | | | | |
| 10:00 | | Arrive & Walk to Centre | Break Team a & b: continues solar cooking | Break Team c & d: continues solar cooking | Break (Cooking for dinner) |
| 10:15 | | | | | |
| 10:30 | | Welcome & Living Teams | Introduction to Environmental Auditing- Day 1 | Environmental Auditing- Day 2 | Environmental Auditing- Day 3 |
| 10:45 | | | | | |
| 11:00 | Intro to Accommodation | Tea break | Tea break | Measuring our Enviro Footprint- What is your environmental commitment? | |
| 11:15 | | | | | |
| 11:30 | Move in | Intro to Waste Management (What is waste? Dangers of littering and lack of clean sanitation.The 3 Rs) Making Recycled Fire Bricks | "The great cook off" | Dune Boarding/ Sundowner | |
| 11:45 | | | | | |
| 12:00 | Personal Introductions | Break | Break | Break | |
| 12:15 | | | | | |
| 12:30 | Programme Overview (esp. "Earn a Solar cooker") | Break | Break | Break | |
| 12:45 | | | | | |
| 13:00 | Energy and recycling @ NaDEET Centre | Dinner group preparation | Dinner group preparation | Dinner group preparation | |
| 13:15 | | | | | |
| 13:30 | Participant and household survey | Dinner | Dinner | Dinner | |
| 13:45 | | | | | |
| 14:00 | Break | Dinner Clean-up | Dinner Clean-up | Dinner Clean-up | |
| 14:15 | | | | | |
| 14:30 | Break | Break | Break | Break | |
| 14:45 | | | | | |
| 15:00 | Soak Paper RFB | Intro to NamibRand Nature Reserve, Light Pollution and Astronomy | Video: "Taking Root" | Environmental Dramas, certificates, bucket shower raffle and test results | |
| 15:15 | | | | | |
| 15:30 | Video: "Water and Fire" and "Namib Coast" | Programme finished | Programme finished | Programme finished | |
| 15:45 | | | | | |
| 16:00 | Break | Programme finished | Programme finished | Programme finished | |
| 16:15 | | | | | |
| 16:30 | Programme finished | Programme finished | Programme finished | Programme finished | |
| 16:45 | | | | | |
| 17:00 | Programme finished | Programme finished | Programme finished | Programme finished | |
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| 20:00 | Programme finished | Programme finished | Programme finished | Programme finished | |
| 20:15 | | | | | |